

A cosmic background featuring a dark blue and purple nebula with a bright star in the center. A hand is reaching up towards the star, with a planet visible in the background. The overall scene is set against a starry space background.

# MANIFESTATION PRIMER

4 VITAL KEYS TO PURPOSELY  
CREATING YOUR ULTIMATE LIFE

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***The Manifestation Breakthrough Primer: An Introduction to  
the Secret behind the 'Secret' – Start Manifesting The Life Of  
Your Dreams Today!***

By Heather Matthews

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## Foreword

Hello and welcome!

My name is Heather Matthews, and I'm so glad you're joining me here today ☺

If you read this short report to the end ...

**... I will reveal to you an amazing secret with the power to change your life forever.**

**This is the secret I personally used to completely transform my life in a matter of *weeks*.**

*Before* I had this secret, I was going through an early mid-life crisis, suddenly realizing that while I had what appeared from the outside to be a good life... It was far from the life I was created to live, or had imagined for myself.

But NOW, ever since I started using this secret, my life has literally done a complete 180 degree turn for the better.

**I'm earning buckets of money doing what I love, ...**

**... I've found authentic happiness** ... And have fulfilled many dreams that others have told me were impossible, or that I felt I had 'no time' for. I've discovered who I was meant to be, and what my calling is, and that is HUGE.

**... My health has improved dramatically, and I've lost weight and am now the slim happy me, full of energy and vitality!**

**... I have an awesome love life with an AMAZING man** who constantly spoils me absolutely rotten with affection, attention, and random little gifts 'just because' ...

.... Oh, and did I mention **my income has literally SKYROCKETED in the last twelve months, all from this one thing?**

**This is literally an idiot-proof technique for making more money in a week than you used to make in a month.**

And not just MONEY, but *whatever* dream you might have right now ...

**This is the secret that will make it into YOUR REALITY.**

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But before I go any further, allow me to introduce myself properly ...

## **First, who the heck am I and why should you even care what I have to say?**

Well, my name is Heather Matthews.

**And I am the ‘Skeptic’s Manifestation Expert’.**

Why am I the ‘Skeptic’s Manifesting Expert’?

Well, because I’ve spent the last eight years of my life relentlessly chasing down, interviewing, and **picking holes in** the teachings of nearly every famous “Law of Attraction expert” you can think of ...

**... in my quest to obtain the REAL truth about this so-called Law.**

I’ve traveled the world, read hundreds and hundreds of self-help books, and spent YEARS brutally testing and experimenting with what I learned along the way.

*Why?*

**Because the “Law” of Attraction as it’s most commonly taught has always struck me as *extremely* hard to believe!**

Sure, there are people out there who ‘*can*’ manifest at times, but ...

**If the “law” of Attraction really is a LAW, then why doesn’t it work for EVERYBODY who uses it, ALL of the time?**

Why isn’t it *predictable*?

Why isn’t it *verifiable*?

*Why isn’t it RELIABLE??*

Don’t get me wrong, I believe in the Law of Attraction, and *after* I discovered a simple ‘tweak’ to the way it’s applied, it has changed my life in ways most people couldn’t even believe.

Yet at the same time ...

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**I always felt there must be 'more' to the Law of Attraction than simply *imagining that you already have all the great stuff you want.***

**I mean ... isn't 'making believe' just a little SIMPLISTIC?**

And like I said before ...

**... if it really *did* work that way, then *shouldn't* it work for EVERYONE who uses it ALL of the time, instead of just SOME of the people, SOME of the time??**

So today, I want to share with you what I discovered on my amazing journey, because it's going to change your life just the way it changed mine.

And because I am naturally a hard-headed skeptic, that means you can be sure that **what you're about to discover isn't just some wishy-washy 'guesswork' plan based on hope and fuzzy logic ...**

... You know, like what you might normally expect to find in a 'Law of Attraction' handbook.

**Instead, it's a simple yet AMAZING discovery that took me YEARS to nail down.**

One that's been **brutally tested and retested**, on tens of thousands of real life people ...

**... and if you follow the steps I'm about to give you exactly, then you will give yourself super-human abilities to change your life OVERNIGHT AND FOREVER.**

**... without hard work, without 'hope' or 'guesswork' and honestly without even trying very hard at all.**

All I ask is that you keep an open mind and keep reading.

If you can do that ... then **I will give you the only solution you'll ever need to every problem life can throw your way.**

Just follow the steps, and your success will come automatically.

So.

Are you ready?

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Do you want MORE out of life?

And would you like to get it WITHOUT hard work??

Then, let's go ...

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## First Things First: What Can You Expect To Get, When You Read This Report To The End?

Here, let me spell it out in plain English:

**If you read this report to the end and do what it says, you will literally have given yourself SUPERHUMAN ABILITIES to *turn your dreams into reality* – no matter how 'crazy' they might be.**

That is a **promise**, and as you're about to see for yourself ...

**... I don't make empty promises.**

**Now, a quick word of fair warning:**

You may believe you've seen and heard *everything* when it comes to manifesting abundance. I know I did.

But that was before I got my hands on this completely unheard-of new technique ...

... one that connected all the dots for me, opened all the doors, and pretty much gave me (as it will give you):

- ✓ ***A license to PRINT MONEY ...***
- ✓ ***... the ability to ATTRACT YOUR SOULMATE as powerfully as a tractor beam on full power ...***
- ✓ ***... and the unstoppable, almost SUPERHUMAN POWER to turn your dreams (even the crazy ones) into touchable, tangible REALITY.***

**This secret works because it is, quite simply, the secret *behind* The Secret.**

It is the one thing that makes the Law of Attraction work when it works ...

... and not using this secret is the reason why the Law of Attraction *doesn't* work (which is the case for most of the people who try to use it, because ... *they don't have this secret yet!*)

So that means ...

No matter how jaded you are, no matter how cynical you feel, and no matter how many times you've tried to manifest before ...

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This secret is **DIFFERENT**.

It is the secret that will literally take your dreams, and **FORCE** the Universe to give them to you ...

No strings attached, no hard work, and **absolutely NO empty promises, guesswork, or 'fake science'**.

So what's the secret I'm rabbiting on about?

Well, it's called **Destiny Tuning** ...

And not having this secret is the reason why manifestation FAILS for 99% of the people who try ...

... while having it practically *guarantees success*.

I'll get to the details of exactly what to do in just a sec ...

... although if you want the complete three-step process right now, you can go *here* ...

[Tap Here To Watch Video](#)

... and watch a short video that will walk you through the process start to finish.

Otherwise, keep reading.

Oh, and one other thing:

**You WILL NOT find any typical 'pop culture gobbledygook' in this report.**

I don't deal in fuzzy logic or false promises.

So if you're looking for another pseudo-science, fuzzy-thinking "solution" that you and I *both* know will never, ever *actually work in the real world*, then I should tell you right now, that ...

**You won't find it here.**

The secret you're about to discover is based on **real brain science** and the 'missing ingredient' *BEHIND* the Law of Attraction.

**Yes, there is a force BEHIND the Law of Attraction that most people just don't know about ...**

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... which is why it FAILS for the vast majority who try it.

Ever wondered why some people get huge success, while others work their butts off, follow all the instructions to the letter, and still get *nothing*?

Yeah.

Well, now you know why that is ...

... **because the people who got success basically got *lucky*** and accidentally used this 'behind the scenes' force *without even knowing they were doing it*.

It's kind of like if you blindfolded a hundred people and made them all cross a busy street at rush hour.

Chances are, *one or two* of them would make it across without getting hit by a car.

It's simply the law of averages.

**But from now on, UNLIKE those poor suckers who haven't got this report right now, you won't need to rely on 'averages' any more ...**

Or 'luck' ...

Or 'chance' ...

... *because* ...

**The secret I'm about to reveal to you has taken me years to discover, and has already changed the lives of literally tens of thousands of people around the world.**

Including CEOs, waiters, business owners, flight attendants, fitness models, stay-at-home moms, managers, grad students, entrepreneurs, graphic designers, dentists, doctors, pensioners and athletes.

I'm talking the GAMUT.

**My secret been brutally tested and proven in just about every situation you can think of, and it works for EVERYONE who uses it.**

So, enough chit-chat. Now it's time for you to get this secret for yourself.

Let's get started.

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## **WARNING!! Not Everyone Who Teaches the Law of Attraction Actually Knows What They're Talking About!**

Ever wondered why manifesting and the law of attraction FAILS to deliver on its promises for most people who try it?

I mean, it's really a *shocker*.

**In my experience, I'd say approximately one out of ONE THOUSAND people who uses the Law of Attraction as it's commonly taught actually gets something from it.**

*That's less than one percent!!*

**How can anybody call something a 'Law' if it only applies to LESS than one percent of the people who use it?!**

Well, because quite frankly, many of the people who teach the Law of Attraction aren't giving you the full story.

It's not necessarily their *fault* ...

They simply don't know the mechanism BEHIND this law that makes all the difference between whether it WORKS, or whether it DOESN'T work.

(It all comes down to a simple twist of brain science, as you'll see in just a moment.)

So when you read the popular books, or see the popular movies ...

*...you aren't getting the full story.*

You aren't getting the REAL truth.

**And that lack of the REAL TRUTH is STEALING your success right out from under you!**

**The first, and biggest, problem with movies like *The Secret* and other popular Law of Attraction teachings is ...**

**... they're based on FAKE SCIENCE and wishful thinking!**

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And I *KNOW* you know what I mean when I say ‘fake science and wishful thinking’.

Come on.

If you boil it all down, all that stuff comes to nothing more than one bizarre instruction:

“Picture yourself living in abundance, and you will receive it.”

... Am I the only one who sees the MASSIVE FLAW in this so-called logic?

**If that were true, every kid in the world would have a million bucks, a hundred puppies, and their own private fun park!**

Seriously!

**If ‘imagining abundance’ was all it took, *kids would rule the world* ...**

... because who imagines ANYTHING more vividly and excitedly than a young kid??

Let me be clear: that kind of garbage makes me sick to my stomach, and frankly, it really makes me MAD that so-called ‘experts’ are getting away with feeding this kind of nonsense to people like you and me.

But, enough doom and gloom.

**Let me get started with a simple ‘mind trick’ that will show you EXACTLY how powerful this secret really is.**

## How To Escape From Jail

*(... A Jail You Don't Even Know You're In Yet!)*

I want you to do a little brain game with me right now ...

**I want you to imagine that you have TEN YEARS worth of living expenses in the bank.**

**Ten years worth of ALL living expenses.**

Literally everything you need to maintain a great quality of life, already in the bank, *for the next ten years.*

Really *do this.*

Take a moment, sit back, and **imagine** how that reality would **feel**.

**Now, if that were true ...**

- What would your life look like?
- What changes would you make to how you spend your time?
- How would you FEEL when you wake up in the morning?

I bet it would feel pretty *awesome*, wouldn't it?

True freedom, for at least *ten years* of your life.

The ability to go where you want, have what you want, and be who you want.

**Now, take that feeling of energy and excitement ...**

**... and contrast it with how you really feel about your reality right NOW.**

***Biiiiiiig* difference, right?**

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See ... most people don't wake up feeling happy and EXCITED at the prospect of another fun, challenging day on the planet.

Instead, they wake up feeling tired ... depressed ... and plain MISERABLE the second the alarm clock goes off.

They feel mentally *exhausted*, and they haven't even gotten out of bed yet!

### Let me tell you a little story.

About eight years ago, I pretty much hated my life.

My job was boring, depressing, and STRESSFUL. It paid me the minimum wage and I hated it.

I was chubby, my relationship was miserable, I had nearly twenty grand worth of debt ...

### ***I was completely trapped.***

Every single morning I would wake up feeling despair and MISERY at the thought of prizing myself out of bed for another long, boring, pointless day.

### **Want to know what the high point of my week was?**

**It was when I could lie on the couch all weekend, knowing I had *nothing* to do, and *nothing* to accomplish.**

*What kind of high point is that??*

Lying on the couch with nothing to do??

That sounds almost *pathetic* to me now.

I mean let's be honest ...

If you really have ENERGY for life, if you're really *having a BLAST*, then – unless you're pregnant, sick, or injured - lying on the couch is the *last* thing you want to spend all weekend doing.

And yet ... I never had any energy for anything *other* than 'recovering from the week'.

I never had energy to actually *DO ANYTHING*.

All my energy was taken up by work ... money worries ... relationship problems ... and trying not to CRY whenever I looked in the mirror.

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So that's why my 'high point' was basically *sensory deprivation* ...

Numbing out on the couch, watching movies, and drinking a glass (or three) of wine to 'relax'...

... and just TRYING not to think about the upcoming work week and how I couldn't bear the thought of Monday morning.

Some life!

And yet, I truly felt that I couldn't escape.

*Why?*

**Well, because I was – quite literally - in jail.**

In fact ...

**MOST people live in jail ...**

**... they just don't *KNOW IT* yet.**

Fact: most people have unconsciously *trained their brains* to approach life from a 'doom and gloom' mindset.

They aren't happy with their lives.

They feel downright DEPRESSED AND MISERABLE whenever they think about their reality.

*They don't know what to do about it.*

And so ...

**They are trapped in a PRISON.**

Literally, a prison cell inside their own mind ...

**... with no way to get out, and no hope for the future.**

Yet for any significant life change to take place, the MOST IMPORTANT THING is to start from a place of energy and *excitement*.

**DO NOT STOP READING YET!**

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No, I am not going to waste your time telling you to do some garbage like 'think positive'.

I don't deal in pop-culture nonsense, remember?

I am simply explaining to you the reality of how **everything can literally feel hopeless ...**

... *Until* someone hands you the key to your jail-cell door.

### Time for another story ...

Imagine you're stuck in a prison cell.

It's damp, moldy, cold, and miserable.

Every day you wake up shivering and shaking ...

... every night you go to sleep feeling hopeless.

You've tried to escape, and you can't. The bars on the window are steel, and the door is locked and bolted.

**Now let's say that one day, a psychologist comes to see you in your cell.**

He turns up and takes a look around.

'Gee,' he says, shaking his head. 'This sure isn't a healthy place for you to be. You really need to get out of here.'

You look at him like he's insane.

*Does he think you LIKE being in here?*

*Does he think you wouldn't escape if you knew how to do it??*

Then takes a deep breath, stands up straight, and offers you his prize piece of advice.

Tamping tobacco into his pipe (why do psychiatrists always smoke pipes??) he looks you right in the eye, puts his hand on your shoulder, and says ...

'You really ought to get out of here. You're not happy here and this environment is not healthy. So I want you to spend your time IMAGINING that you're out in the real world. That'll do the trick.'

Then he turns around, leaves, and the guard bolts the door behind him.

And you're left standing absolutely gobsmacked with rage and SHOCK at his plain stupidity, thinking ...

**“Seriously?? Your advice is for me to IMAGINE that I'm not in jail, and that's how I'll get out??”**

Well, I have a little secret for you ...

**That 'story' is NOT A STORY AT ALL.**

It's *true*.

You ARE in jail.

It IS miserable.

**And the only advice you've been given until now is to simply 'IMAGINE' that you're not in jail any more.**

This is why the Law of Attraction as it's currently taught is absolute NONSENSE ...

... because NOBODY can 'imagine' themselves out of a jail cell.

**And all the imagining in the world isn't going to blast the lock off that door and set you free into the real world.**

**But NOW, imagine THIS:**

One day, *I* turn up and visit you in your cell.

I don't say one word to you.

Instead, I simply *hand you the key to your cell*, turn around, and leave.

That's it.

**If you had THE KEY to your cell ...**

- ✓ It wouldn't matter how many times you'd tried and failed to escape in the past.
- ✓ It wouldn't matter how thick the bars were, or how solid the door was.
- ✓ And it DEFINITELY wouldn't matter how long you had already spent in that cell.

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**A key is a key.**

And when you HAVE THE KEY, you can unlock the door and set yourself free – for good.

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## Why The Law Of Attraction WILL NEVER Work For You

### (The Way It's Most Commonly Taught)

Want PROOF of why most of what you hear in the Law of Attraction section of the bookstore is gobbledygook?

***Just take a look around at the world.***

What kind of shape are things in right now??

**Literally hundreds of millions of people have jumped onto the 'Law of Attraction' wagon since the release of the movie *The Secret*.**

You'd think we'd be able to see some *effect* of all that abundance, right?

More money.

More happiness.

More jobs, more security, more love, more health, more cash for everyone.

**But instead, things are getting catastrophically WORSE!**

- The economy has collapsed.
- The unemployment rate is skyrocketing.
- Hundreds of thousands of jobs are disappearing.
- As a nation, we are fatter, sicker, and more depressed than ever.
- Major banks are imploding, taking *billions* of dollars with them.
- And the level of stress and fear is RISING every day!

**So if the Law of Attraction really is as great as everyone says it is ...**

**... then why isn't it WORKING??**

Let me tell you, when I first started using the Law of Attraction, **I followed it down to the letter.**

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I spent six full months visualizing, believing, 'acting as if', and truly BELIEVING things would change.

And you know what?

***Absolutely NOTHING happened!***

Not ONE THING changed in my life.

Not one.

Yet all around me, I saw OTHERS getting rich and successful and HAPPY, while doing *less than I was*.

It drove me absolutely crazy!

Yet in my heart of hearts, I *knew* manifesting could work, *if only I could do it RIGHT ...*

**And that's when I stumbled on the amazing secret that changed EVERYTHING.**

**Inside of just *eight weeks* from the day I discovered this secret, I had:**

- ✓ quit my job
- ✓ escaped that painful relationship
- ✓ lost twenty pounds
- ✓ met the man of my dreams, and best of all ...
- ✓ found a CAREER (*not* just a 'job'!) that I consider my true vocation.

These days I spend more time relaxing, travelling the world, and spending time with my family and friends than I do working.

Yet when I DO work, *I still don't feel like I'm working AT ALL ...*

... because thanks to this secret, I attracted the type of work that is actually FUN.

To me these days, every day LITERALLY feels like a holiday.

Every day, I do what I love, have an absolute blast, and get paid *extremely* good money to do it.

When was the last time YOU could say that?

**It's time to discover a simple method that will actually work, FOR YOU ...**

I'd like to introduce you to the simplest way imaginable to MAKE the Law of Attraction work for *you* ...

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... just the way you always **believed** it could.

This technique is simple, easy, and it works for absolutely ANYONE who uses it to escape the jail cell and convert a life of lack into a life of ABUNDANCE.

I have a video all about how to do this in DETAIL which is now live. Check it out here to have me walk you through the short process in fully-complete detail so you can dive into your new life headfirst!

Just click this link to watch my FREE training video:

[Tap Here To Watch Video](#)

Otherwise, keep on reading, because ...

... I want to give you **five valuable tips you can use right now** to escape from jail and just manifest like *gangbusters* ...

... no matter how 'weird and crazy' your dreams seem right now.

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## Step One: Reverse the Brainwashing

Don't be offended, but ...

**There is an EXTREMELY high chance that *you have been brainwashed.***

- This **BRAINWASHING** is the reason why so many people are trapped in lives they just want to escape from ...
- ... Why the Law of Attraction FAILS for most people ...
- And why 'working hard' for money and success **will never, ever work.**

**Unfortunately, most of the 'experts' on the Law of Attraction are just plain ignorant.**

They MEAN well, but – just like the psychiatrist who visited you in jail – they simply don't have the KNOWLEDGE to give you the only key that will actually WORK.

It wasn't until I had a conversation with a man called Luke one day that I discovered, to my absolute astonishment, that **there was *so much more to the Law of Attraction than I had ever realized.***

That was the day I discovered the one thing that would change *everything* for me ...

The day I discovered that the Law of Attraction *wasn't* 'wrong' or 'nonsense' ...

**It was just that the 'teachers' who were spreading the word were only teaching PART of it!!**

Look, imagine if I gave you a recipe for a chocolate cake.

Imagine I gave you all the instructions for ingredients, mixing, measuring and weighing ...

*... but I forgot to tell you to put it in the oven at the end!*

**No matter how hard you tried, you would NEVER get a cake from that recipe, because it was only PARTIAL set of instructions.**

And that means that whether you have seen 'some' success with the Law of Attraction, or ...

... like the vast majority of people ...

... you've seen NO success ...

... it literally doesn't matter, and **it's definitely NOT your fault, BECAUSE ...**

**All this time, through no fault of your own, you've been operating on *partial information*.**

Was it YOUR fault that you didn't get the chocolate cake you were promised?

No.

Can you CHANGE the fact that you've got a bad recipe?

Absolutely.

You are about to discover the TRUE POWER of the Law of Attraction when it's finally operating at full throttle in your life.

And the results you can get this way – the RIGHT way - will be better, faster, and more magical than you could ever have imagined ...

... that is, until you see them showing up with your own eyes.

**And the first step is to CLEAR THE BRAINWASHING.**

Because you HAVE been brainwashed.

**You've been brainwashed into believing that all you need to do is 'imagine' abundance to receive it.**

You know, and I know, that there is a HUGE difference between 'make believe' and reality, right??!

So, it's time to stop insulting your own intelligence.

It's time to stop telling yourself that black is white and two plus two equals five.

Telling yourself lies does no good (especially when deep down, you already KNOW they're lies!)

That kind of nonsense is just frustrating, and gets you nowhere.

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**But the REAL problem is, this kind of mediocre or nonexistent success with the Law of Attraction in the past has 'brainwashed' many people into believing it doesn't work at all.**

When nothing could be further from the truth!

This law is as real as you are.

But if it's not working in your life, that's because *you haven't had the full set of instructions yet.*

Your recipe is incomplete.

Nobody has yet given you the MISSING INGREDIENT YOU NEED to *make it work for you.*

I need you to really INTERNALIZE that fact.

Let the weight of doubt, anger, disappointment and confusion lift off your back.

**Feel yourself lightening as you realize that, yes, *all things really ARE possible* – WHEN (and only when) you have the full recipe!**

This is incredibly important, because if you don't 'counter-brainwash' yourself, you won't be able to take part in the other four steps.

So go ahead.

Let go of the brainwashing.

Realize that you have only been told a HALF-TRUTH up until now.

And accept the fact that the Law of Attraction *is real ...*

... it's just waiting for you to take the simple step (that, through no fault of your own, you simply haven't had until now) that will kick it into OVERDRIVE in your life.

**Remember, there's a FREE (and short!) training video right here:**

**[Tap Here To Watch Video](#)**

**... so go check it out if you want the full instructions.**

It's a short video but I walk you through it personally and in full detail!

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## Step Two: Raise Your Vibration To The Level Of Abundance

Fact: every one of us is putting out energetic vibrations every single second of the day.

*Everything* is vibrating.

- Rocks vibrate at a slow frequency.
- Plants vibrate at a higher frequency than rocks.
- People vibrate at a higher rate than inanimate things.
- Angry, sad, sick, depressed, or despairing people vibrate at a lower pitch than happy, healthy people.
- **And happy, successful, rich, loving, JOYFUL people vibrate at the highest pitch of all.**

That's *physics*, by the way ...

**... all matter is energy, and all energy vibrates.**

**Here's some more physics for you:**

**Vibrations are like tractor beams. They DRAG stuff towards you.**

The vibrations you are putting out every second is literally PULLING stuff that vibrates at a similar pitch towards you.

(Ever wondered why the same type of person keeps showing up in your life?)

**Let me tell you another quick story ...**

Recently, my husband and I were having a discussion.

He's been having a pretty miserable time at work lately – lots of pressure, lots of stress, not a lot of free time or recognition of his talents.

The other day, he came home and heaved a big sigh.

'*Why do I seem to keep attracting NEGATIVE PEOPLE into my life?*' he asked.

I looked up from my book. 'What are you talking about?'

'It just seems like everyone I talk to at the moment is *complaining* about stuff. People are either annoyed, or they're irritated, or they're tired, or they just want to COMPLAIN about something. It's driving me nuts!'

You can guess what I said to that, right?

Yup: we had a little chat, and I explained to him that it was likely his own inner state of stress, confusion, and anxiety that was drawing all these negative people to him, and causing them to 'unload' their stress on his shoulders.

**Like really does attract like.**

And that means ...

**If you don't have what you WANT in your life, it's because your VIBRATIONS are not tuned to the right level.**

- If your bank account makes you want to cry or bang your head against the wall ...
- If you're waking up at night and just staring at the ceiling ...
- If you're waking up exhausted before the day has even begun ...
- If you're like I used to be, and the high point of your week is simply the 'absence of stress' instead of true *joy* ...

... Then this is going to make a HUGE difference for you.

**Because let me tell you, there is a massive difference between simply feeling 'okay', and having an absolute BLAST every single day!**

**Here's what you'll find after you put this step into action:**

- ✓ 'Magical' coincidences and people just 'popping up' in your life offering you the exact help you need
- ✓ Financial worries, debt, and money anxiety just melting away like ice cream
- ✓ 'Free money' turning up when you least expect it – an out of the blue payrise, a new job offer even if you weren't looking, a promotion, a tax refund ... even checks in the mail!
- ✓ Your mind feels focused, energized, and 'in tune': your creativity and imagination goes through the roof

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- ✓ Problems that were once so massive now just seem so EASY to you
- ✓ Challenges now just seem fun and interesting, not like an insurmountable mountain of stress and anxiety
- ✓ Mental peace and calmness
- ✓ Physical energy
- ✓ A sense of deep relaxation and 'rightness' in your body and heart

**So how do you actually DO IT?**

The biggest key to raising your vibration to the level of peace, love, and joy, is to ...

## Step Three: KNOW what you WANT, and quit worrying about 'HOW' it's going to happen!

Most people don't have *any idea* of what it is they TRULY WANT.

They have a vague idea, sure, but it's not specific at all ...

And instead of feeling excited and energized by reaching out and getting it ...

... instead, they just get paralyzed by the dreaded 'hows'.

Here's the typical thought process taking place in most people's heads when they think about something – anything – they really want to do:

- **I want to be a professional dancer** ... *how are you ever going to do THAT? You're not 12 years old and pencil-thin, come on!*
- **I want to be start my own company** ... *yeah, but HOW? You didn't go to business school and you don't have a clue how to get started, you don't even know any of the right people! Come on!*
- **I want to quit my job and travel the world for a year** ... *what's going to happen to your career? How are you going to fund that? Where's the money going to come from? You can't afford to take a year off! Come on!*
- **I want to lose 20 pounds** ... *HOW are you going to do THAT? Every time you've tried in the past you've FAILED. Come on!*

These are real dreams, from real people I've spoken to ...

... and ...

The 'how'-based mindtalk is straight from their own mouths.

*This is the way MOST PEOPLE talk to themselves.*

Most likely, including YOU.

So, I want to share with you my simple two-step process for raising your vibration INSTANTLY and supercharging the invisible tractor beam inside your head to drag in your dreams starting RIGHT NOW:

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- **Step A: know WHAT your dreams are.**
- **Step B: Stop WORRYING about HOW it's going to happen!**

**First, let's deal with step A: know WHAT your dreams are.**

**(I'll get to step B on the next page.)**

First, step A ...

**When you know what you want in life ...**

**... MAGICAL things happen.**

There's something about having a SPECIFIC GOAL in mind that just sets the engines churning, the fires blazing, and all sorts of people working on your side to help you out.

It really is *miraculous*.

**But I'm not just talking about some vague desire for a 'better life'.**

You've gotta know *exactly what a 'better life' MEANS ...*

**... to YOU.**

See, there's a big difference between saying:

- ✓ 'Gosh, I wish I didn't have to work', and ...
- ✓ 'I want to be financially able to quit my job, have thirty thousand bucks in the bank, and find a fun way to earn a massive income on the side.'

Specifics *count*.

I can't explain WHY they count, but they do.

**And hey, don't roll your eyes at me! This stuff has been proven in study after study.**

Example: a recent study of ivy-league graduates found an interesting thing ...

Three percent of the graduates wrote their goals down.

The other ninety seven percent did not.

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And ...

... the three percent that **WROTE DOWN** their goals made more money over the next ten years than the other **NINETY SEVEN PERCENT COMBINED**.

**So, want to know how to get rich?**

The first step is to pick a sum, and *write it down*.

Want to be happy?

Figure out what would make you happy, and *write it down*.

**You don't need to reinvent the wheel here.**

This stuff has been tested and proven countless times over. I honestly can't explain WHY writing something down works so incredibly well ...

... but it does.

Don't swim against the current.

Go with what works, man.

*Write it down.*

**Now let's deal with Step B: Stop worrying about the HOWS!**

Most people are RIDDLED with doubts and 'dreaded hows'.

For example ...

**At a deep, core level, MOST PEOPLE don't believe it's possible to be a millionaire without having ...**

- gone to the right college
- met the right people
- gotten the right job, and
- been lucky enough to grow up with a silver spoon in your mouth.

*They just don't BELIEVE it's POSSIBLE.*

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That's the brainwashing taking over again.

**Because the truth is, the 'impossible' becomes the 'everyday', ALL THE FREAKING TIME.**

Consider: we now *know* the earth is round, right?

We also *know* that the earth revolves around the sun, right?

Yet Copernicus was **thrown in prison** for having the temerity to suggest that the earth was round, and we revolve around the sun.

**Thrown in jail! For voicing what we 'knew' to be 'impossible!'**

Yet we now know that, *of course*, he was right all along.

Not a huge vote of confidence for what we 'know' to be possible or impossible, hmmm?

**And this stuff is still happening ALL THE TIME.**

We are regularly turning 'miracles' into *everyday routine behavior*.

Consider ...

Humans can now fly around the world.

We can transplant a live heart.

We can do brain surgery.

We have pills that cure or prevent all sorts of terrible diseases that used to kill **hundreds of thousands of people** while the doctors could only stand back and watch.

**The 'impossible' literally becomes the 'everyday', ALL THE TIME!**

I think it was Schopenhauer who said,

*'First, it is laughable. Then it is possible. Then it becomes, 'I've been doing it that way all along.'*

**So that means, if you want something, but you truly believe it's actually impossible, that ...**

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**It's not WHAT you do that brings about your dreams ...**

**... it's simply that you DO it.**

In practical terms, that means stop worrying about 'how' it's all going to work out.

Don't worry about what seems 'possible' or 'impossible' right now.

'Impossibility' is a *highly fluid state* and it changes literally ALL THE TIME.

**Just take a step.**

Make a dream board. Set an image on your computer screen background. Write a list, on paper.

Do something. Do ANYTHING, no matter how small.

**Just use what you have, today, right now, and see what happens.**

Doors will open. Things will happen. You will get shivers. I promise.

Because the (shocking) truth is ...

... you have more control than you think you do ...

**Next up: the incredible 'mind-meld brain control trick' to coach your brain to do what you WANT, instead of constantly sabotaging your every move ...**

## Step Four: Stop Pretending That You Are Not In Control!

We're taught to believe we have 'zero control' over what happens in our lives, right?

Again ... more brainwashing.

**In fact, you have TOTAL control.**

Let me give you an example ...

Ever noticed that, very often, people grow up as mirrors of their environment.

**Not *all* the time, but definitely a lot more often than not, kids who grow up with wealthy go-getter parents often turn out wealthy themselves.**

Why?

Because *wealth was their REALITY from the day they were born.*

- ✓ They didn't have to think, 'gosh, how will I ever get rich?' ...
- ✓ ... it was part of their world and their EXPECTATIONS.
- ✓ They expect a certain level of abundance ...
- ✓ ... it never *occurs* to them to doubt it ...
- ✓ ... and so *they continue at that level.*

Now, that's not ALL there is to it.

I'm not saying all kids born rich stay that way. Clearly, that would be nonsense.

**But there's no arguing that FEAR and LACK play a *huge role* in what kinds of situations you end up living as your reality.**

In fact ...

**I want to talk about FEAR for a second.**

Know when true fear happens?

The kind of fear that cripples your mind, locks the jail cell door, and MURDERS your manifesting ability?

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**It happens when you feel *NOT IN CONTROL*.**

Let's play another little mind game (this one's based on a technique from the formidable Allen Carr, author of *Allen Carr's Easy Way to Control Alcohol*.)

**I want you to imagine taking a sum of money from your own pocket, and throwing it down the toilet.**

Now, that would be annoying, for sure.

**But you'll find that you don't experience any STRESS from doing this, because *you* are in control of what's happening.**

You know *why* it's happening, and you know you can stop flushing money any time you want.

**You are in control.** So, minimum stress.

**But if some walks up to you, mugs you, and takes your wallet ...**

**... you get a lot MORE stressed, because *you don't have the control any more.***

Maybe not a TERRIBLE amount of stress, because you still know *what's* happening ...

... and you know *why* it's happening ...

... but your fear and stress would increase nonetheless.

**Now imagine that something happened to your money that was COMPLETELY out of your control.**

Maybe your bank collapses, who knows.

But, you check your bank balance one day, and literally *everything* is gone.

You have no idea what was causing it, OR when this terrible experience would end ...

**... and that's when your stress and fear goes THROUGH THE ROOF.**

You literally go into panic mode.

What's happening? Why is it happening? Am I going to go broke? Am I bankrupt?? *How do I stop it???*

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Now remember. The thoughts you're having at any moment send out vibrations that draw in like experiences **all the freaking time.**

And one of the most vital keys to 'upping' your vibrations and start drawing in more abundance, peace, joy, love, and CASH, is ...

... to **STOP experiencing stress and fear.**

Those two emotions will drag your vibrations down like someone threw you overboard wearing concrete boots.

**Stress and fear will literally suck you down into the depths.**

Yet the feeling of CONTROL is a *huge* factor in how much stress and fear you experience.

Remember, you can experience quite a lot of unpleasant stuff, *as long as YOU are in control ...*

... meaning, **you know *why* it's happening, and you know you can choose to stop it from happening *at any time.***

Now what if I told you that ...

... **YOU ARE IN CONTROL??**

Because the truth is, *you are.*

You are in COMPLETE control.

You are the pilot of your own ship.

You've *already seen the **proof*** that your thoughts become vibrations, which become actual things in your life.

Because ... (and this secret alone will change your life, if you let it) ...

**Thoughts are things.**

**They are not 'private'.**

**Someone is listening.**

**Always.**

Nope, I'm not talking about God ...

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**The Universe is the unseen listener at every conversation you have and every thought you whisper, speak, write, or think.**

I'm not just making this stuff up out of my head.

Some of the greatest and most brilliant thinkers of our world – Plato, Shakespeare, Ram Dass, even Einstein himself, to name just a few – knew the power of *controlling your INNER world to control your OUTER.*

*What if you were in control?*

What if you didn't have to be afraid any more?

What would that FEEL like, to have absolute power, absolute control, to truly be the pilot of your own ship?

Like you've got the diamond ticket to abundance?

Like you've got SUPER POWERS to live the life you've always wanted?

Like *anything and everything is possible?*

You're darn right.

And the best part is ...

**... it's all true.**

**And you can see it for yourself, just by taking a look around.**

Want to know how you can tell if a person realizes the power of their thoughts?

*Take a look at their life.*

At their body.

At their family.

At their relationships.

At their income.

**If they know how to control their thoughts and their vibrations, they will be experiencing abundance in one, two, or ALL of these life areas.**

So, know this: you don't have to experience stress of 'the unknown' any more.

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Stop pretending you aren't in control!

I'll explain more about 'being in control' on my free video training – just click this link to watch (it's short, and it's free training for you!)

[Tap Here To Watch Video](#)

In it, you'll see me give REAL LIFE examples of what it looks like when someone seizes back 'control' in their life ...

**But for now, here's an example from MY life ...**

When I decided to quit working so hard and just live my life the way I WANTED to ... when I made the choice to stop struggling and stop pouring in effort all the time ...

... I took back control in my life.

More importantly, my brain *realized* that I was in control again - at a core, root level.

For the first time ever, my values were RESONATING with my life. I was choosing my actions, and lining them up with my desires.

To give you an example, *my personal* desires were to:

- ✓ stop working hard
- ✓ have more money
- ✓ have more JOY
- ✓ help others, and
- ✓ live a life of fulfillment and purpose *every single day*.

I'm not saying your goals or desires should look like that. That's just what mine were. It's all a personal thing.

**Now, realizing that I was IN CONTROL was one of the biggest keys to FORCING the Universe to 'listen up' and give me everything I'd ever wanted.**

So ... *how* do you seize control in your life?

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Especially if you're feeling COMPLETELY exhausted, stressed out, burned out, and have literally no idea how to fix *any* of it?

Well, the first thing you should know is ...

***I've been in your shoes.***

**I lived large chunks of my adult life so unhappy and miserable and BROKE that I was literally living hand to mouth.**

I was in massive debt.

I was overweight.

My relationship was miserable.

I *hated* my job. (Oh, how I hated it. It sucked the life out of me.)

**And I was so poor that some nights I literally ate a can of green beans for dinner.**

... 'Yeah, yeah, Heather. Nice sob story. But what do *I* do about this??!'

Well, I'm not going to tell you some schmaltzy, intelligence-insulting stuff about 'just act AS IF you have control'.

Yeah, I know that *most* experts talk about doing that.

**But I've got something better ...**

If you want to truly take back CONTROL in every facet of your life ...

To GET what you really WANT, and ...

Stop working so hard for such TINY rewards ...

**... then it's very, very simple:**

**You've got to start speaking the same language that the Universe speaks.**

See, everything in the Universe uses the language of energetic vibrations.

Which means *you're actually communicating with the Universe right now.*

Yet, if you haven't yet had things go the way you WANT them to, then ...

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**That's proof that you're not speaking the language the way you need, to give out the RIGHT kinds of commands, and get the RIGHT kinds of results.**

Now, if you want to keep it **super-simple**, then simply use the 'raise your vibration' techniques I mentioned in the previous chapters.

Yet, if you want a SERIOUS technique that will actually *destroy* your barriers to abundance and *permanently raise* your vibrations ...

... allowing you to whisper your commands directly to the ear of the Universe ...

**... then I want you to go here right now:**

**[Tap Here To Watch Video](#)**

**... watch the short video, and DO WHAT IT SAYS.**

I will literally walk you through the entire process, step by step. It's a fun watch, and ...

**... most of all, *it will HELP you to get what you WANT in life!***

(I would give you the process on this page, but it's too lengthy to write down word by word – it makes much more sense to hear me tell you what to do 'live'.)

**Now, moving on to the fifth and final step ...**

## Step Five: How To Retune Your Destiny To AUTOMATICALLY Manifest Almost *Embarrassing* Levels Of Abundance

Okay, the final step.

The thing is, you have to **retune your destiny so it becomes your reality.**

That might sound like doublespeak at first, so let me explain.

*Most people aren't living their DESTINY.*

### Consider this:

- You don't *really* think you were put on this earth to *struggle*, do you?
- You don't *really* believe your purpose in life is to live a DULL, UNINSPIRING life where you continually dream and *wish* for better, yet never, ever get it?
- You don't really believe that a LIFE OF LACK is your destiny, right??!

Now, if you're a pessimist by nature, then I can't help you.

In fact, I won't even try. You can lead a horse to water, etc, etc.

But if you agree with me that your destiny is to live an AMAZING life ...

... then I can help you with that.

And it all comes down to one thing:

**'Retuning' your destiny so that it manifests in *reality*, not just in your imagination.**

Kind of like taking a car to the mechanic for an engine tune-up, just so everything runs nice and smooth ...

... this step takes your DREAMS and tunes them up so everything vibrates at the 'perfect pitch' to **take the leap from 'dreamscape' to EVERYDAY REALITY.**

So here's how to retune your destiny so it becomes your reality ...

## GIVE UP ON THE IDEA THAT HARD WORK AND 'STRUGGLE' ARE THE WAY TO GET AHEAD!

In our culture, we've been trained to believe that 'opportunity looks a lot like hard work' ...

But it's not.

It's just the carrot that leads us into the jail of our minds, so we're LOCKED IN before we even realize it's happening.

As kids, we see our parents going to work.

We hear them complaining about stress, responsibility, mortgages, bill payments, 'putting food on the table'.

Now, if we're *lucky*, we maybe don't hear them complain too often.

But ...

**I challenge you to show me even ONE kid on this planet who didn't grow up believing that 'you have to go to work, and you have to work HARD, to get ahead in this life.'**

For me, that was ABSOLUTELY true.

I used to always believe that if I just worked hard enough, saved my money, and was really, really lucky that I would eventually 'get to where I wanted to be'.

But you know what?

I wasted YEARS of my life thinking that way, because I was BRAINWASHED by society to think that 'effort and hard work' was my ticket to abundance and a life of joy.

*It wasn't.*

**All it got me was burned out, depressed, anxious, and CONSTANTLY stressed.**

I felt like I was running on one of those dumb exercise machines in the gym ...

... you know, those bicycles you ride on that go to *nowhere*.

From the youngest years of our life, we see others growing up, getting jobs, working hard, going to college, slaving away. That becomes our reality. We are now brainwashed to believe it is 'the way'.

But all it is, is a **MENTAL CONCEPT** that has become acknowledged as 'reality'.

“You have to understand ... most of these people are not ready to be unplugged. And many of them are so inured, so hopelessly dependent on the system, that they will fight to protect it.”

– Morpheus, *The Matrix*

You must stop being one of those people.

You must stop letting hard work and 'effort' take over your life.

You must stop *chasing* the carrot, and GET the carrot!

And the best way to do it, is via **destiny tuning**.

It's a simple process that 'retunes your mind' to drag your dreams out of your imagination and *make them reality*.

It's the culmination of all the steps I've already walked you through here today.

If you want to **tune your destiny now**, then click the link and follow along in this FREE training video:

[Tap Here To Watch](#)

**... in it, you'll see me give you the steps you can use, right now, TODAY, to tune your destiny and get your manifestation ability cooking on *HIGH HEAT*.**

There's really not enough time for me to explain it in this report right now – so the choice is up to you.

Plus, I have to be honest ...

I'm pretty constrained by space in this report, but there are a whole bunch more tools I want to give you too.

These tools will help you pinpoint your EXACT dreams (you'd be surprised how many people just can't do this on their own ... **yet, it is VITAL that you know the specifics if you ever want to achieve your dreams!**) ...

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... whittle your 'abundance focus' down to a *laser point*, and move QUICKLY in the direction of your wildest dreams every single day.

So now, it's up to you.

You can take what I've already given you today and use these valuable tools to coax awesome results out of your life.

And you can do that starting right now, and I wish you the best of luck 😊

However, I have to be honest and say that I **strongly recommend you check out this short training video:**

[Tap Here To Watch](#)

... It's now 'live', and in it, you'll see me go through the entire process step by step to give you *everything* you need to ...

**Literally FORCE the Universe to give you everything you've ever wished for!**

I can't make it much plainer than that ...

So now, it's up to you.

I say we get you started making your dreams into your reality!

## Disclaimer

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